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(Unsplash/Christine Isakzhanova)



by A Nun's Life Ministry

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Don't be deceived! There is great humor — and much joy — in the Rule of Benedict. Sr. Pat Crowley, a member of the Benedictine Sisters of Chicago, recalls how her father put that into practice. (But how much exactly is a hemina of wine?)

[Click here](#) to listen to the full "In Good Faith" podcast where this clip is from.

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