

## [Spirituality](#)



Pope John Paul II prays the rosary at Notre Dame du Chant d'Oiseau Church in Brussels in June 1995. (CNS/Catholic Press Photo)



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Clip from "Ask Sister"

A listener and her mother share the practice of praying the rosary daily, but disagree on whether you should only pray the sorrowful mysteries during Lent. Sr. Maxine Kollasch and Sr. Julie Vieira discuss the mysteries of the rosary, including the luminous mysteries introduced by Pope John Paul II, and ways this devotion can bring you closer to God.

[Click here](#) to listen to the full "Ask Sister" podcast where this clip is from.

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