

## [Spirituality](#)



(Unsplash/mana5280)



by Maxine Kollasch

Contributor

[View Author Profile](#)

## **[Join the Conversation](#)**

March 18, 2022

[Share on Facebook](#)[Share on Twitter](#)[Email to a friend](#)[Print](#)

Clip from "Ask Sister"

Can you change your Lenten practices after Lent starts? In this clip from a 2016 episode, Sr. Maxine Kollasch and Sr. Julie Vieira talk about seeing what Lent brings you — and how it may take you in new directions from what you planned on Ash Wednesday.

[Click here](#) to listen to the full "Ask Sister" podcast where this clip is from.

*GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of [all their podcasts](#) (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, [ANunsLife.org](#).*

Advertisement

This story appears in the **Lent** feature series. [View the full series.](#)