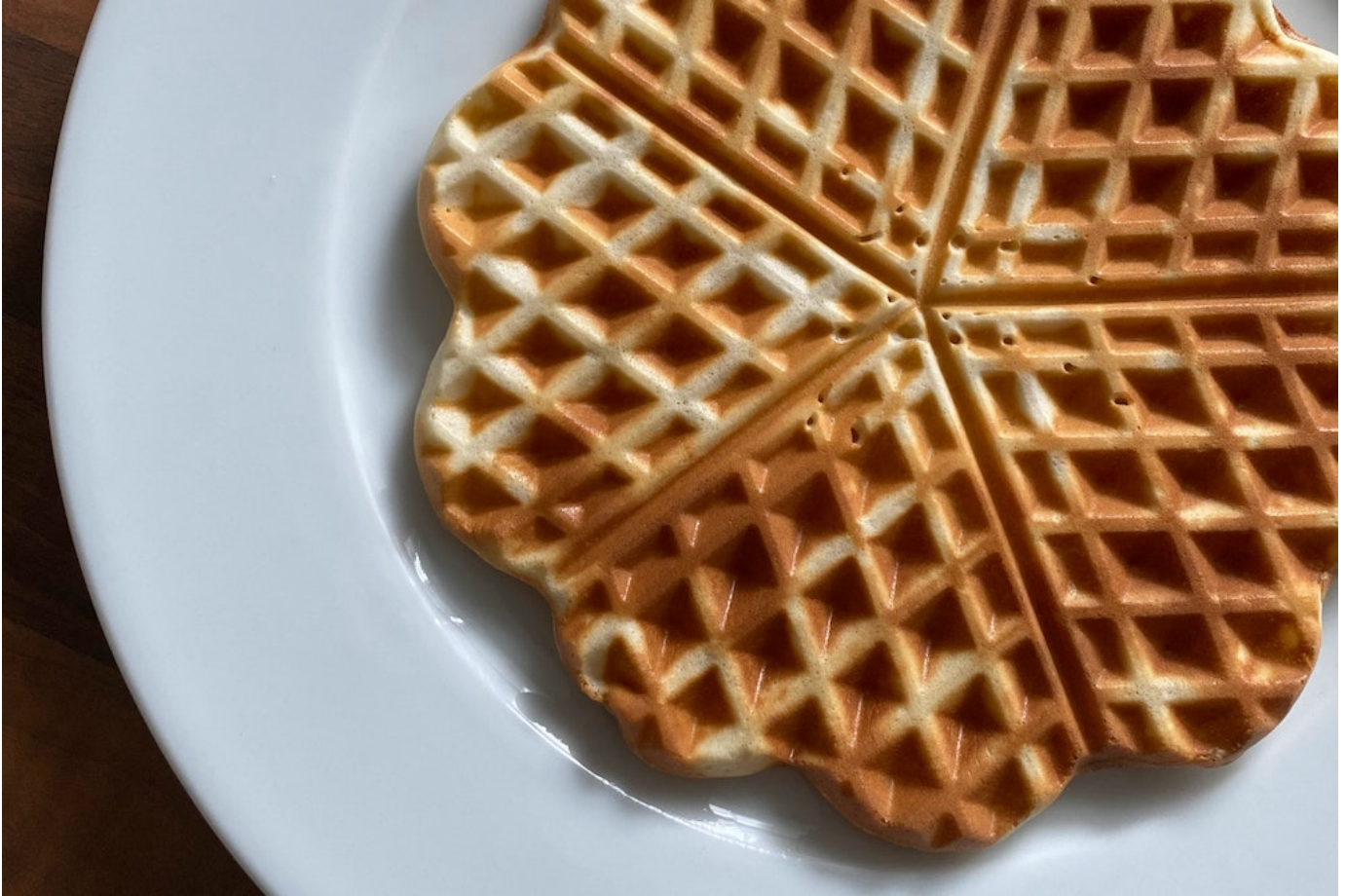


## [Spirituality](#)



Help for when you waffle over your heart's desire (Unsplash/Frank R)



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Random Nun Clip

In this Random Nun Clip, a listener desires a discernment do-over because he worries that he made the easy choice but maybe not the right one. Theologian Sr. Shannon Shrine of the Franciscan Sisters of Sylvania, Ohio, and I work through the process of making decisions.

[Click here](#) to listen to the full "Ask Sister" podcast where this clip is from.

*GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of [all their podcasts](#) (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, [ANunsLife.org](http://ANunsLife.org).*

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