

[Spirituality](#)



(Unsplash/Denise Jones)



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Random Nun Clip

A listener asks, "I really feel my life has a lot of unhappiness. Do I need religion to find my way?" In this "Ask Sister" clip, Sister Maxine and Franciscan Sr. Shannon Schrein reflect on what religion has to offer us.

[Click here](#) to listen to the full "Ask Sister" podcast where this clip is from.

GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of [all their podcasts](#) (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, ANunsLife.org.

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